



Scoop Shop Flavours

Nutrition Information

Everything you ever wanted to know about our ice cream.

Ice Cream (per serving = approx. one scoop)

Cherry Garcia® (87g/116mL): Cherry Ice Cream with Cherries (10.9%) and Dark Chocolatey Chunks - Cream, Concentrated Skim Milk, Liquid Sugar, Cherries (Cherries, Corn Syrup, High Fructose Corn Syrup, Water, Natural Flavour and Flavouring, Sugar, Concentrated Lemon Juice, Caramel & Red Cabbage Extract [For Colour], Thickeners [Guar Gum, Carob Bean Gum]), Water, Fudge Flakes [Sugar, Coconut Oil, Cocoa, Milkfat, Emulsifier (Soybean Lecithin), Natural Flavours and Flavourings], Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, soybean and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

Chocolate Chip Cookie Dough (87g/116mL): Vanilla Ice Cream with Chunks of Chocolate Chip Cookie Dough (15%) - Cream, Concentrated Skim Milk, Liquid Sugar, Cookie Dough [Unbleached Wheat Flour, Brown Sugar, Sugar, Butter, Chocolate Chips (Sugar, Chocolate Liqueur, Cocoa Butter, Emulsifier (Soybean Lecithin), Vanilla Extract), Eggs, Expeller Pressed Soybean Oil, Water, Molasses, Salt, Vanilla Extract], Water, Cookie Dough Powder (Unbleached Wheat Flour, Brown Sugar, Sugar, Natural Flavours and Flavourings, Vanilla Powder, Cocoa, Salt), Egg Yolks, Choc Chips [Sugar, Coconut Oil, Cocoa, Milkfat, Emulsifier (Soybean Lecithin), Natural Flavours and Flavourings], Natural Flavours and Flavourings, Vanilla Extract, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, wheat, egg and soybean. Made on equipment that also makes products which contain peanuts and tree nuts.**

Chocolate Fudge Brownie (87g/116mL): Chocolate Ice Cream with Fudge Brownies (14%) - Cream, Liquid Sugar, Concentrated Skim Milk, Water, Brownies [Sugar, Water, Unbleached Wheat Flour, Cocoa, Soybean Oil, Eggs, Corn Syrup, Egg Whites, Salt, Vanilla Extract, Raising Agent (Baking Soda)], Cocoa, Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, wheat, egg and soybean. Made on equipment that also makes products which contain peanuts and tree nuts.**

Chocolate Macadamia (92g/116mL): Chocolate and Vanilla Ice Creams with Chocolatey Covered Macadamia Nuts (12%) - Cream, Liquid Sugar, Concentrated Skim Milk, Water, Sugar, Macadamia Nut, Coconut Oil, Cocoa, Egg Yolk, Cocoa Powder, Vanilla Extract, Salt, Thickeners, (Guar Gum, Carrageenan), Corn Starch, Emulsifier (Soybean Lecithin), Vanilla. **Allergen Statement: Contains milk, macadamia nuts, egg and soybean. Made on equipment that also makes products which contain peanuts and tree nuts.**

Chocolate Therapy (86g/116mL): Chocolate Ice Cream with Chocolate Cookies (10%) & Swirls of Chocolate Pudding Ice Cream - Cream, Liquid Sugar, Concentrated Skim Milk, Water, Chocolate Cookies [Unbleached Wheat Flour, Expeller Pressed Soybean Oil, Sugar, Chocolate Chips (Sugar, Chocolate Liqueur, Cocoa Butter, Anhydrous Dextrose, Emulsifier (Soybean Lecithin), Salt, Vanilla Extract), Brown Sugar, Cocoa, Liquid Sugar, Vanilla Extract, Salt, Cocoa Extract, Natural Flavour and Flavourings, Chocolate Liqueur, Raising Agent (Baking Soda)], Cocoa, Chocolate Extract, Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, wheat, soybean and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

Chunky Monkey (87g/116mL): Banana Ice Cream with Fudge Chunks (8.5%) and Walnuts (5%) - Cream, Concentrated Skim Milk, Liquid Sugar, Water, Banana Puree (Sugar, Bananas (5%), Water, Concentrated Lemon Juice, Natural Flavours and Flavourings), Fudge Chunks [Sugar, Coconut Oil, Cocoa, Milkfat, Emulsifier (Soybean Lecithin), Natural Flavours and Flavourings], Walnuts, Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, soybean, walnuts and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

Coffee Coffee Buzz Buzz (88g/116mL): Coffee Ice Cream with Espresso Bean Chocolatey Chunks (16%) - Cream, Concentrated Skim Milk, Liquid Sugar, Fudge Coffee Chunks [Sugar, Coconut Oil, Cocoa, Emulsifier (Soybean Lecithin), Vanilla Extract, Roasted Ground Coffee Beans], Water, Coffee Extract, Egg Yolks, Coffee, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, soybean and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

	Energy	Protein (g)	Total Fat (g)	Saturated (g)	Monosaturated (g)	Polyunsaturated (g)	Trans Fat (g)	Cholesterol (mg)	Carbohydrates (g)	of which Sugar (g)	Fibre (g)	Sodium (mg)	Calcium (mg)	Iron (mg)
Avg. per 100 g	230 kcal/ 967 kJ	3	13	9	0.4	0.1	0.3	54	26	23	0.4	58	122	0.3
Avg. per serving	200kcal/ 844 kJ	3	11	8	0.4	0.1	0.3	47	23	20	0.4	50	107	0.3
Avg. per 100 g	257 kcal/ 1075kJ	4	14	8	4	1	0.4	61	30	23	0.3	78	124	0.6
Avg. per serving	225 kcal/ 940 kJ	4	12	7	3	1	0.3	53	26	20	0.2	68	108	0.5
Avg. per 100 g	247 kcal/ 1032 kJ	4	12	7	0.7	0.6	0.3	31	31	25	1	79	108	2
Avg. per serving	215 kcal/ 900 kJ	3	11	6	0.6	0.5	0.3	27	27	22	1	68	94	2
Avg. per 100 g	275 kcal/ 1152kJ	4	18	12	3	0.4	0.4	48	25	22	1	67	123	2
Avg. per serving	253 kcal/ 1061 kJ	3	17	11	3	0.4	0.4	44	23	20	1	62	113	1
Avg. per 100 g	250 kcal/ 1043 kJ	4	14	8	1	1	0.4	31	29	22	2	74	115	2
Avg. per serving	215 kcal/ 900 kJ	4	12	7	1	1	0.3	26	25	19	2	63	100	2
Avg. per 100 g	272 kcal/ 1140 kJ	4	17	9	3	3	0.3	50	28	25	1	43	113	0.5
Avg. per serving	237 kcal/ 994 kJ	4	14	8	3	3	0.3	44	24	22	1	37	98	0.5
Avg. per 100 g	260 kcal/ 1080 kJ	4	16	11	0.6	0.2	0.4	56	26	24	0.7	47	126	0.5
Avg. per serving	230 kcal/ 947 kJ	4	14	10	0.5	0.2	0.3	49	23	21	0.6	42	110	0.4

Ice Cream (per serving = approx. one scoop)

Mint Chocolate Chunk (88g/116mL): Mint Ice Cream with Chocolatey Chunks (14%) - Cream, Concentrated Skim Milk, Liquid Sugar, Water, Fudge Chunks [Sugar, Coconut Oil, Cocoa, Milkfat, Emulsifier (Soybean Lecithin), Natural Flavours and Flavourings], Egg Yolks, Peppermint Extract, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, soybean and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

New York Super Fudge Chunk® (87g/116mL): Chocolate Ice Cream with White & Dark Fudge Chunks (8%), Pecans (2.8%), Walnuts (2.8%) & Fudge-Covered Almonds - Cream, Liquid Sugar, Concentrated Skim Milk, Water, Cocoa, Dark Fudge Chunks [Sugar, Coconut Oil, Cocoa, Milkfat, Emulsifier (Soybean Lecithin), Natural Flavours and Flavourings], White Fudge Chunks [Sugar, Coconut Oil, Skim Milk, Milkfat, Natural Flavours and Flavourings, Emulsifier (Soybean Lecithin)], Fudge Coated Almonds [Roasted Almonds (Almonds, Peanut Oil, Salt), Sugar, Coconut Oil, Cocoa, Salt, Emulsifier (Soybean Lecithin), Butter Oil, Vanilla Extract], Roasted Pecans (Pecans, Peanut Oil, Salt, Butter), Walnuts, Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, soybean, almonds, peanuts, pecans, egg and walnuts. Made on equipment that also makes products which contain other nuts.**

Our Aussie Flavour (name TBD) (91g/116mL): Malt Ice Cream with Globes of Peanut Butter Cookie Dough (14%) and a Peanut Butter Swirl (11%) - Cream, Liquid Sugar, Concentrated Skim Milk, Water, Peanuts, Wheat Flour, Egg Yolk, Wheat Flour and Malt Barley Extracts, Corn Oil, Brown Sugar, Eggs, Sugar, Vanilla Extract, Milk Solids, Salt, Thickeners (Guar Gum, Carrageenan), Raising Agent (Sodium Bicarbonate). **Allergen Statement: Contains milk, peanuts, wheat, barley and egg. Made on equipment that also makes products which contain tree nuts.**

Phish Food® (88g/116mL): Chocolate Ice Cream with Goopy Marshmallow (14%), Caramel Swirls (7%) and Chocolatey Fish (7%) - Cream, Liquid Sugar, Marshmallow (Corn Syrup, Sugar, Water, Egg Whites, Natural Flavour and Flavouring, Pectin), Concentrated Skim Milk, Water, Caramel Swirl [Corn Syrup, Water, Butter, Sweetened Condensed Skim Milk, Sugar, Salt, Thickener (Carrageenan), Natural Flavours and Flavourings, Raising Agent (Baking Soda)], Fudge Fish [Sugar, Coconut Oil, Cocoa, Milkfat, Emulsifier (Soybean Lecithin), Natural Flavours and Flavourings], Cocoa, Natural Flavours and Flavourings, Vanilla Extract, Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, soybean and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

Strawberry (88g/116mL): Strawberry Ice Cream - Cream, Strawberries (Strawberries (16%), Sugar), Concentrated Skim Milk, Liquid Sugar, Water, Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Made on equipment that also makes products which contain peanuts and tree nuts.**

Strawberry Cheesecake (86g/116mL): Strawberry Cheesecake Ice Cream with Strawberries (8.5%) & a Thick Cookie Swirl (12%) - Cream, Concentrated Skim Milk, Liquid Sugar, Water, Cookie Swirl [Sugar, Soybean Oil, Wheat Flour, Corn Starch, Milkfat, Canola Oil, Salt, Molasses, Honey, Emulsifier (Soybean Lecithin), Raising Agent (Baking Soda)], Strawberries (Strawberries, Sugar), Cheesecake Base (Sugar, Water, Cream Cheese (1.7%), Natural Flavour and Flavouring), Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, soybean, wheat and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

Sweet Cream & Cookies (88g/116mL): Sweet Cream Ice Cream with Whole and Broken Chocolate Sandwich Cookies (13%) - Cream, Concentrated Skim Milk, Liquid Sugar, Water, Chocolate Sandwich Cookies [Unbleached Wheat Flour, Sugar, Expeller Pressed Soybean Oil, Cocoa, Liquid Sugar, Corn Starch, Emulsifier (Soybean Lecithin), Natural Flavours and Flavourings, Cocoa Extract, Salt, Raising Agent (Baking Soda)], Egg Yolks, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk, wheat, egg and soybean. Made on equipment that also makes products which contain peanuts and tree nuts.**

Triple Caramel Chunk (92 g/116mL): Caramel Ice Cream with a Swirl of Caramel (11.6%) & Chocolatey Covered Caramel Chunks (11.4%) - Ingredients: Cream, Concentrated Skim Milk, Liquid Sugar, Water, Dark Caramel Swirl [Corn Syrup, Water, Butter, Sweetened Condensed Skim Milk (Skim Milk, Sugar, Corn Syrup), Sugar, Salt, Thickener (Carrageenan), Natural Flavour and Flavouring, Raising Agent (Sodium Bicarbonate)], Caramel Cups [Sugar, Coconut Oil, Corn Syrup, Sweetened Condensed Milk (Sugar, Milk), Nonfat Milk, Milk, Cocoa, Cream, Butter, Emulsifier (Soy Lecithin), Salt, Vanilla Extract, Natural Flavour and Flavouring], Caramel Base [Corn Syrup, Sugar, Water, Sweetened Condensed Skim Milk (Sugar, Water, Skim Milk), Cream, Raising Agent (Sodium Bicarbonate), Vanilla Extract, Salt, Thickener (Carrageenan)], Egg Yolks, Sugar, Thickeners (Guar Gum, Carrageenan). **Allergen Statement: May contain peanuts, wheat & tree nuts because the fudge covered caramel chunks are made on equipment that also processes peanuts, wheat & tree nuts.**

Vanilla (88g/116mL): Smooth Vanilla Ice Cream - Cream, Concentrated Skim Milk, Liquid Sugar, Water, Egg Yolks, Natural Vanilla Flavour and Flavouring, Vanilla Extract (With Vanilla Bean Seeds), Thickeners (Guar Gum, Carrageenan). **Allergen Statement: Contains milk and egg. Made on equipment that also makes products which contain peanuts and tree nuts.**

Sorbet (per serving = approx. one scoop)

Berry Berry Extraordinary (92g/116mL): Swirls of Blueberry Fruit Sorbet and Raspberry Fruit Sorbet - Water, Liquid Sugar, Raspberry Puree [Raspberries (7%), Sugar, Lemon Juice Concentrate, Pectin, Elderberry Juice Concentrate (For Colour)], Blueberry Puree [Blueberries (6%), Sugar, Lemon Juice Concentrate, Elderberry Juice Concentrate (For Colour), Pectin], Corn Syrup, Blueberry Juice Concentrate, Inulin, Blackberry Juice Concentrate, Pectin, Lemon Juice Concentrate, Thickener (Locust Bean Gum). **Allergen Statement: Made on equipment that also makes products which contain peanuts and tree nuts.**

Lemonade Stand Sorbet (88g/116mL): Light & Zesty Lemon Sorbet - Water, Sugar, Lemon Base (Water, Lemon Puree, Sugar, Concentrated Lemon Juice, Pectin), Corn Syrup, Inulin, Pectin, Thickener (Locust Bean Gum). **Allergen Statement: Made on equipment that also makes products which contain peanuts and tree nuts.**

	Energy	Protein (g)	Total Fat (g)	Saturated (g)	Monosaturated (g)	Polyunsaturated (g)	Trans Fat (g)	Cholesterol (mg)	Carbohydrates (g)	of which Sugar (g)	Fibre (g)	Sodium (mg)	Calcium (mg)	Iron (mg)
Avg. per 100 g	263 kcal/ 1102 kJ	4	16	12	0.6	0.2	0.4	60	26	23	0.6	50	131	0.4
Avg. per serving	231 kcal/ 966 kJ	3.5	14	10	0.6	0.2	0.3	52	23	20	0.5	44	115	0.3
Avg. per 100 g	290 kcal/ 1207 kJ	4.5	19	10	1	1	0.3	29	28	23	2	51	115	1.6
Avg. per serving	250 kcal/ 1050 kJ	4	17	9	1	1	0.3	25	24	20	2	45	100	1.4
Avg. per 100 g	293 kcal/ 1224 kJ	6	18	8	6	3	0.4	58	28	19	1	147	104	0.7
Avg. per serving	268 kcal/ 1121 kJ	6	17	8	5	2	0.4	53	25	18	1	135	95	0.6
Avg. per 100 g	260 kcal/ 1084 kJ	3	12	8	0.5	0.1	12	26	37	23	2	71	92	2
Avg. per serving	228 kcal/ 954 kJ	3	11	7	0.4	0.1	11	23	32	20	1	63	81	2
Avg. per 100 g	200 kcal/ 843 kJ	3	11	7	3	0.4	0.3	54	21	19	0.5	45	117	0.4
Avg. per serving	170 kcal/ 707 kJ	3	9	6	2	0.4	0.3	45	18	16	0.4	37	98	0.3
Avg. per 100 g	252 kcal/ 1053 kJ	3	14	8	3	0.4	0.4	51	27	21	0.4	46	108	0.4
Avg. per serving	216 kcal/ 906 kJ	3	12	7	2	0.3	0.3	44	23	18	0.4	40	93	0.4
Avg. per 100 g	253 kcal/ 1060 kJ	4	14	8	0.3	0.1	0.4	60	27	21	0.4	107	130	0.8
Avg. per serving	220 kcal/ 929 kJ	4	13	7	0.2	0.1	0.3	53	24	18	0.3	93	114	0.8
Avg. per 100 g	254 kcal/ 1063 kJ	4	13	8	2	0.3	0.4	53	32	25	0.3	98	111	0.1
Avg. per serving	235 kcal/ 982 kJ	3	12	8	2	0.3	0.3	49	30	23	0.2	90	103	0.1
Avg. per 100 g	220 kcal/ 922 kJ	4	14	9	4	0.5	0.4	69	21	19	0.1	57	148	0.4
Avg. per serving	193 kcal/ 810 kJ	3	12	8	3	0.5	0.4	60	18	16	0.1	50	129	0.4
Avg. per 100 g	110 kcal/ 464 kJ	0.2	0.08	0	0	0	0	0	29	25	1	8	4	0.1
Avg. per serving	100 kcal/ 430 kJ	0.2	0.08	0	0	0	0	0	27	23	1	7	4	0.1
Avg. per 100 g	110 kcal/ 465 kJ	0.1	0.03	0	0	0	0	0	29	24	1	8	3	0.05
Avg. per serving	100 kcal/ 410 kJ	0.1	0.03	0	0	0	0	0	26	21	1	7	3	0.05